



OCCA NEWSLETTER June 30, 2023

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協會燒烤日活動流程表

時間

10:30 - 10:40
10:40 - 11:30
11:30 - 12:00
12:30 - 2:00
2:00 - 4:00

遊戲項目

會長和校長致辭
中文學校頒獎典禮
本屆畢業生介紹
午餐
娛樂活動

DATE
TBD

1. 跳繩比賽

规定时间内跳的数量多的前5名进决赛，决赛要求家长和比赛选手一起跳，规定时间内数量最多的获得最终胜利

2. 呼啦圈比賽

规定时间内不掉圈的进决赛，决赛规定时间内运输物品多的获胜

3. 親子氣球運輸比賽

家长和孩子背靠背夹着气球运到指定位置，规定时间内看谁的多获胜

4. 放風箏

集體放風箏

** 歡迎大家踴躍報名參加，豐厚的獎品在等你哦！ **

紐約橙郡華人協會 OCCA

YOU'RE INVITED

橙郡華人協會燒烤
ORANGE COUNTY CHINESE ASSOCIATION

Annual Picnic

Join us for an afternoon of
food, games and the
celebration of our graduates!

Kite festival 放風箏	Chinese Yo-Yo 扯鈴	Tai Chi Sword 太極劍	Frisbee 飛盤
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10AM OCCS Award Ceremony 中文學校畢業典禮	POSTPONED TO JULY! 延期到七月	12PM Picnic & Barbecue 協會燒烤
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Location: 48 Cheechunk Rd, Goshen NY
www.occanany.org

OCCA 学生会通知

Event: A slideshow for the Class of 2023 graduates in our Chinese community, including high school, college, and graduate school

Requirement: Each graduate needs to submit a minimum of five (5) of his/her OWN photos to Dawson Lin, the Co-President of OCCA Student Government Association, via email (dmlin.inc@gmail.com)

Deadline: Saturday, July 8, 2023 at 11:59 PM

CONGRATULATIONS TO OUR CLASS OF 2023 GRADUATES!

《在橙郡中文学校结业之际》

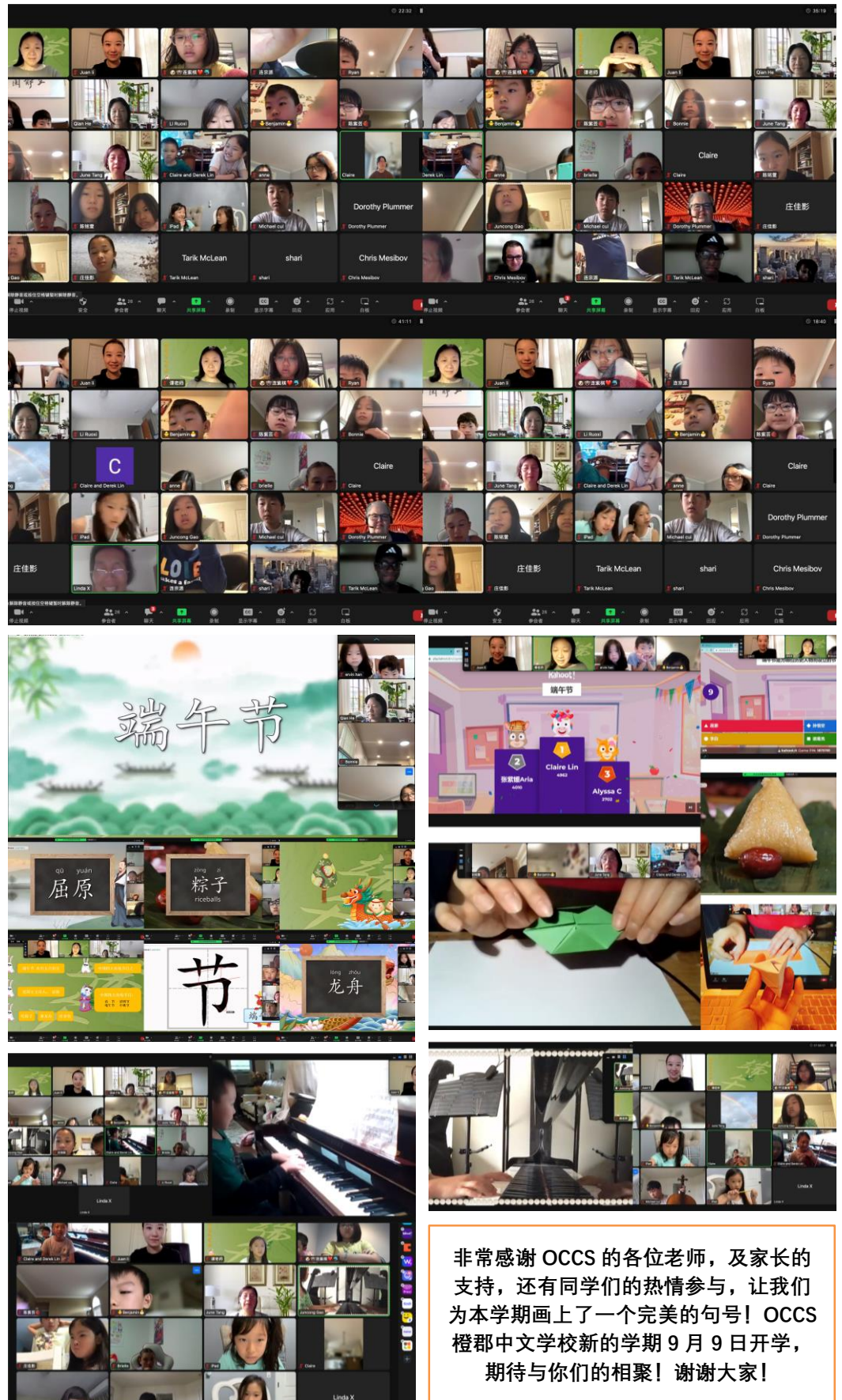
by 李娟

时间的嘀嗒之声如同窗外的急风骤雨，不停不歇。虽然 6 月 24 日预定的社区活动之日举行我们中文学校的毕业结业典礼，但是由于天公不作美，我们只好将庆祝的美食暂缓，而学校的结业还是如期在线上举行。临时的筹备更突显我们老师的专业，得到活动取消通知后，马上安排老师编辑通知、设计大课的 ppt、根据课程设计 Kahoot! 游戏、以及最后才艺表演环节等，最终 24 日全校师生相聚云端，学知识、玩游戏、展示自我，整个过程平缓而流畅。低龄的活泼与成人班的稳妥相得益彰；才艺表演结合中文学习的成果一并展示出来，全校学生相互用中文介绍自己，侃侃而谈，这一切都凝聚老师的辛苦，学生的努力以及背后家长的不懈支持！在此道一声感谢，好的结束也预示更好的开始！

橙郡中文学校依托于协会的支持至今，特别是重大疫情发生以来的线下转线上教学，给教学的各个侧面带来很多挑战：年幼学生的不懂如何使用设备操作，注意力容易被干扰，表演班真实互动需求不能满足。当然任何事情都有两面性，经过多媒体教学实践积累，各位老师一定会给将来的面对面教学提供更有效的手段。老师与学生，同学之间能更有效互动，特别是通过游戏教学，直接提高他们对中文学习的兴趣。除中文课外，绘画、舞蹈、表演、声乐等课外班也依然被期待。我们也更希望尽早恢复实体教学。

暑期来临，真诚希望学生们不要中断学习，特别是与中文有关的书籍，动画和电影。每一次的阅读，观摩都会在中文学习的轨道上留下痕迹。

作为协会比较活跃的部分，中文学校一直与我们的会员家庭，学生家长以及诸位亲朋保持良好互动，我们需要更多的学生，更多的老师以及无私帮助的志愿者，有你们在，我们会走的更远！



非常感谢 OCCS 的各位老师，及家长的支持，还有同学们的热情参与，让我们为本学期画上了一个完美的句号！OCCS 橙郡中文学校新的学期 9 月 9 日开学，期待与你们的相聚！谢谢大家！

OCCCC Barbecue (June 18, 2023)





從今年的 3 月 5 日至 5 月 21 日，OCCCC 的弟兄姐妹與新澤西州主恩堂的弟兄姐妹分別以線上和實體的形式參加了陸寧馨傳道教導我們的主日學專題課程 - 《智慧導向的生命培育》。陸傳道的講解非常系統、連貫，深入淺出！兩個教會的弟兄姐妹也分成四個小組進行案例分析，分享生命的見證。在學習神的話語，建造更豐盛生命的同時，也增進了對彼此教會及弟兄姐妹的瞭解，受益匪淺。在不知不覺間，十二個禮拜很快就過去了。

智慧導向的生命培育

Wisdom-Driven Life Cultivation

陸寧馨長老

Elder.PeterLu@gmail.com

耶穌道前來，對他們說：天上地下所有的權柄，都賜給我了。所以你們要去，使萬民作我的門徒，奉父子聖名的名，給他們施洗，凡我所吩咐你們的，都教訓他們遵守，我就常與你們同在，直到世界的末了。（太28:18-20）

1

課程大綱

1. 智慧導向
2. 生命培育
3. 培育奧秘
4. 效法耶穌
5. 屬靈爭戰
6. 明白了麼
7. 信仰確認
8. 生活智慧
9. 苦難智慧
10. 存在智慧
11. 讚美智慧
12. 禱告操練/總論

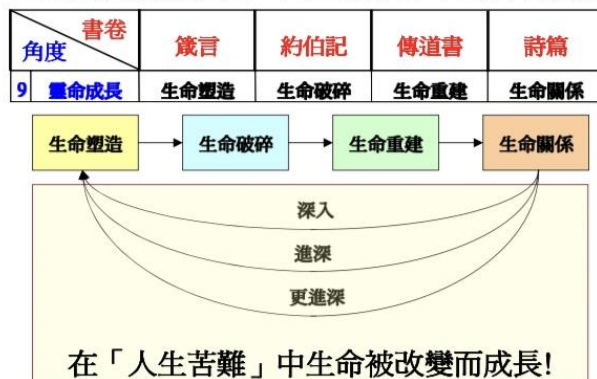
2

智慧導向的層面涵蓋人生萬象的需要

書卷	箴言	約伯記	傳道書	詩篇
角度	箴言	約伯記	傳道書	詩篇
1 智慧層面	生活智慧	苦難智慧	存在智慧	讚美智慧
2 敬畏上帝	智慧開端	智慧成長	智慧總意	智慧關係
3 人生氣象	風平浪靜	狂風暴雨	風雲變幻	安息於主
4 操練重點	BQ 情商	AQ 逆商	UQ 玄商	SQ 靈商
5 生活狀態	正常平常	反常異常	無常無緒	平靜安穩
6 人生時期	時段初期	時段中期	時段後期	時段全期
7 因果關係	黑白分明	顛覆翻騰	茫然虛空	感恩贊美
8 美的境界	追求美好	缺陷之美	變幻之美	瞻仰容美
9 靈命成長	生命塑造	生命破碎	生命重建	生命關係

5

生命成長須要經歷「人生苦難」中的各種挑戰



15

分組案例討論

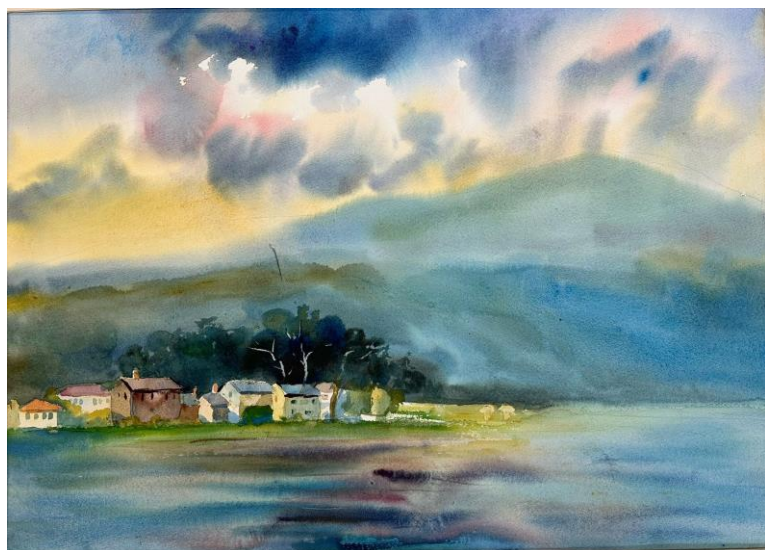
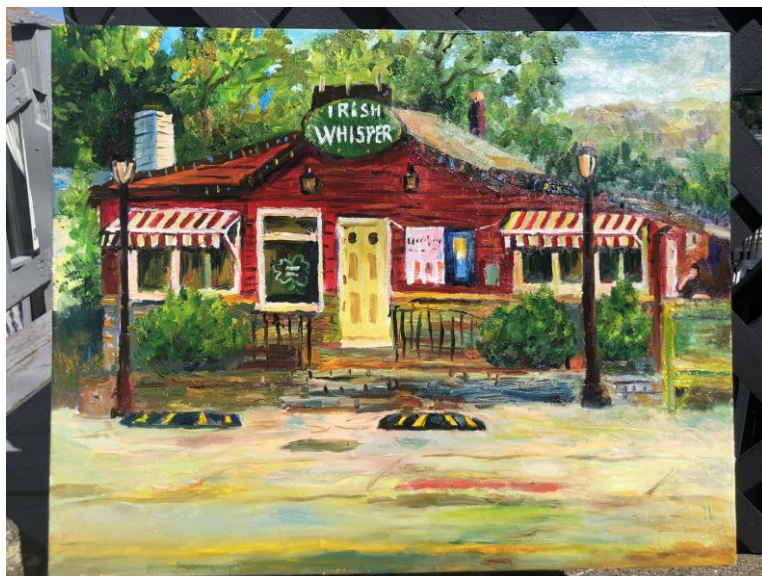
- 如果你的孩子或朋友有下面的傾向，你當如何幫助他呢？
 1. 貪心 (CCCNJ): (16人) 組長 穆严姊妹 (4/23)
 2. 嫉妒 (OCCCC): (10人) 組長 唐堯姊妹 (4/30)
 3. 憂鬱 (CCCNJ): (16人) 組長 曾杰明弟兄 (5/7)
 4. 謊言 (OCCCC): (10人) 組長 汪提先弟兄 (5/14)
- 每組選一組長推動，每課一組用三十分鐘分享！

3

嫉妒(jí dù)

1. 嫉妒的含义和来源 – LeAnn Chen
2. 嫉妒的表现和危害 – Elizabeth Lu
3. 如何才能克服嫉妒 – Jay Song
4. 圣经故事案例分享 – Ginny Lu
5. 工作经历案例分享 – Amy Ho
6. 感恩见证案例分享 – June Tang

Community News



Artwork by **Dr. Ping Moroney** at the 2023 Greenwood Lake Chamber of Commerce Street Fair (June 10, 2023)

OCCA Student Government Association 2023-2024 Update



Advisor 学生会顾问

Mrs. Qian He

Executive Officers 学生会成员

President	Jeffery Shi
Co-President	Dawson Lin
Vice President	Andrew Wu
Treasurer	Daniel Chen
Secretary	Claire He
Historians	Anthony Chen
	Iris Chen
	Jovia Zhang
	Matthew Qu
	Chelsea Liang

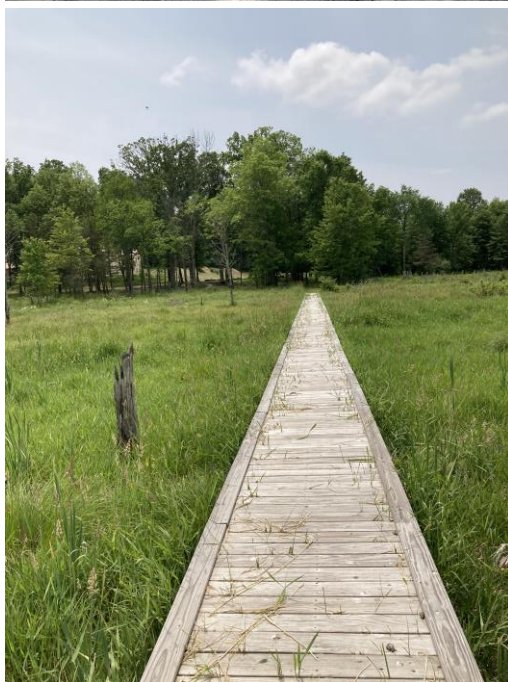
Committee

OCCA SGA serves as advocates to the OCCS student body and be liaisons between them, the OCCA Board members and faculty and staff in OCCS.



月亮在白莲花般的云朵里穿行，
晚风吹来一阵阵快乐的歌声，
我们坐在高高的谷堆旁边。
听妈妈讲那过去的事情...

曹方



Thank you to our volunteers who have worked hard to clean up the site and plan the picnic. We hope to see you there!

OCCA 2023 High School and College Graduates



CONGRATULATIONS TO OUR CLASS OF 2023 GRADUATES!

Starting from top row, left to right:

1. **Dr. Ping Moroney** graduated from **Liberty University** with a EdD in Education – Curriculum and Instruction.
2. **Dr. Nina Zhu, MD** graduated from **Albert Einstein College of Medicine**. She will begin her anesthesiology residency at **Montefiore Hospital**, the University Hospital for Albert Einstein College of Medicine.
3. **Kevin Rider** graduated from **SUNY Oswego** with a BA in Computer Science.
4. **Rachel Shih** graduated from **Cornell University** with a BAsC in Hotel and Restaurant Administration.
5. **Tiffany Yang** graduated from **University at Buffalo** with 2 BA degrees in Political Science and Legal Studies.
6. **Charlotte Ji** graduated from The Storm King School.
7. **Sean Moroney** graduated from Warwick Valley High School.
8. **Matthew Qu** graduated from Monroe-Woodbury High School and will attend **Binghamton University** this fall with a double major in Accounting and Management Information Systems.

Not pictured:

- Jessica Wu** graduated from **Harvard University** with a BA in Applied Mathematics concentrating in Economics.
Brian Chen graduated from Monroe-Woodbury High School.



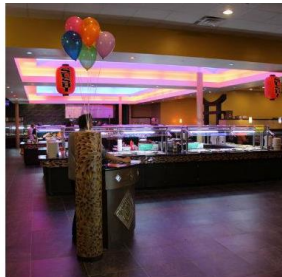
Flaming

Grill & Buffet

OCCA Members
10% Off with
OCCA 2023
Membership
ID



Chinese, Japanese & American
Cuisine Restaurant



Flaming

Grill & Buffet
1399 Route 300,
Newburgh, NY 12550
(Next to Bed Bath & Beyond and
Newburgh Mall)



COMBO S1 \$30.50
1/2 lb. snow crab
1/2 lb. black mussel
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S2 \$29.50
1/2 lb. snow crab
1/2 lb. sausage
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S3 \$35.50
1/2 lb. lobster tail
1/2 lb. sausage
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S4 \$34.50
1/2 lb. king crab leg
1/2 lb. black mussel
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.



COMBOS BAG
(1 LB FOR EACH SEAFOOD)
COME WITH 2 CORNS & 2 POTATOES

COMBO A) \$40
Shrimps with Head and Crab Legs

COMBO B) \$44
Shrimps with No Head and Crab Legs

COMBO C) \$27
Shrimps with Head and Crawfish

COMBO D) \$38
Crab Legs and Black Mussels

COMBO E) \$23
Clams and Black Mussels



WARNING: CONSUMING RAW OR UNDERCOOKED FOODS SUCH AS MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

CAJUN SEAFOOD

Call 845-566-3888

www.flaminggrillbuffetny.com
Business Hours: Sunday to Thursday 11AM-9:30PM
Friday & Saturday 11AM-10:30PM

COMBO SPECIAL BAG (NO SUBSTITUTIONS)

CHOOSE YOUR FLAVOR
1.CAJUN (ORIGINAL)
2.GARLIC BUTTER
3.LEMON PEPPER
4.THE TASTY SPECIAL (ALL THE ABOVE)

CHOOSE SPICY LEVEL:
NON-SPICY
MILD
MEDIUM
HOT



EXTRAS

CAJUN FRIES \$5

CORN ON THE COB (2) \$3

POTATOES (3) \$3

BOIL EGGS (2) \$3

SAUSAGES (HALF LB) \$5

SAUSAGES (1 LB) \$9

STEAMED RICE \$3

CAJUN FRIED RICE \$8

SHRIMP CAJUN FRIED RICE \$10

CAJUN WINGS 6Pcs. \$7 /10Pcs. \$11

BUFFALO WINGS 6Pcs. \$7 /10Pcs. \$11

LEMON PEPPER WINGS 6Pcs. \$7 /10Pcs. \$11



Flaming

1399 Route 300
Newburgh, NY 12550
(Next to Bed Bath & Beyond
and Newburgh Mall)

Business Hours
Sunday to Thursday 11AM-9:30PM
Friday & Saturday 11AM-10:30PM



Scan QR Code

CALL 845-566-3888 OR

VISIT US @ WWW.FLAMINGGRILLBUFFETNY.COM

Appetizer

Spring Roll (2)	\$1.50
Egg Roll (2)	\$1.99
Crab Cheese Rangoons (4)	\$5.95
Pot Stickers (8)	\$5.95

Soup

	Pt.	Qt.
Beef Soup	\$3.99	\$5.99
Wonton Soup	\$2.99	\$4.99
Eggdrop Soup	\$2.99	\$4.99
Hot & Sour Soup	\$2.99	\$4.99

Side Order

	Pt.	Qt.
White Rice	\$1.99	\$2.99
Plain Fried Rice	\$2.99	\$4.99

Chicken or Beef or Shrimp Fried Rice choose one

Sushi Box \$15.99

Choose Any 4 Rolls

- ☐ California Roll
- ☐ Salmon Roll
- ☐ Tuna Roll
- ☐ Spicy Tuna Roll
- ☐ Spicy Crabmeat Roll
- ☐ Eel Roll
- ☐ Crabmeat Roll

Lunch Specials Box \$10.99

Choose Any 4 Items
Lunch 11:00AM-3:30 PM

- ☐ French Fries
- ☐ Fried Dumpling
- ☐ Fried Bun
- ☐ Sesame Ball
- ☐ Chicken on a Stick
- ☐ Chicken Nugget
- ☐ Fried Chicken Wing
- ☐ Fried Fish
- ☐ Crawfish
- ☐ Clam
- ☐ White Fish
- ☐ Sauteed Mushrooms
- ☐ Broccoli w. Chicken or Beef choose one
- ☐ General Tsao Chicken
- ☐ Black Pepper Chicken
- ☐ Sesame Chicken
- ☐ Teriyaki Chicken
- ☐ Peanut Chicken
- ☐ Grill Chicken
- ☐ Hibachi Chicken or Beef or Shrimp choose one
- ☐ Teriyaki Fried Rice
- ☐ Lo Mein
- ☐ Macaroni & Cheese

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

Flaming

CALL 845-566-3888
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BOTTLE SODA \$2.50

-PEPSI
-DIET PEPSI
-SPRITE
-GINGER ALE
-DR PEPPER
-ORANGE SODA
BOTTLE WATER \$1.25

Appetizer

Spring Roll (2)	\$1.50
Egg Roll (2)	\$1.99
Crab Cheese Rangoons (4)	\$5.95
Pot Stickers (8)	\$5.95

Soup

	Pt.	Qt.
Beef Soup	\$3.99	\$5.99
Wonton Soup	\$2.99	\$4.99
Eggdrop Soup	\$2.99	\$4.99
Hot & Sour Soup	\$2.99	\$4.99

Side Order

	Pt.	Qt.
White Rice	\$1.99	\$2.99
Plain Fried Rice	\$2.99	\$4.99
Chicken or Beef or Shrimp Fried Rice choose one	\$4.99	\$6.99

Sushi Box \$15.99

Choose Any 4 Rolls

- ☐ California Roll
- ☐ Salmon Roll
- ☐ Tuna Roll
- ☐ Spicy Tuna Roll
- ☐ Spicy Crabmeat Roll
- ☐ Eel Roll
- ☐ Crabmeat Roll

Dinner Box \$12.99

Choose Any 4 Items

- ☐ French Fries
- ☐ Fried Dumpling
- ☐ Fried Bun
- ☐ Sesame Ball
- ☐ Chicken on a Stick
- ☐ Chicken Nugget
- ☐ Fried Chicken Wing
- ☐ Fried Fish
- ☐ Baked Crabmeat Cheese
- ☐ Crawfish
- ☐ Clam
- ☐ White Fish
- ☐ Lobster Or Stir Fried Crab choose one
- ☐ Mussel
- ☐ Steamed Flounder Fish
- ☐ Coconut Shrimp
- ☐ Salt & Pepper Shrimp
- ☐ Spare Ribs
- ☐ Sauteed Mushrooms
- ☐ Broccoli w. Chicken or Beef choose one
- ☐ General Tsao Chicken
- ☐ Black Pepper Chicken
- ☐ Sesame Chicken
- ☐ Teriyaki Chicken
- ☐ Peanut Chicken
- ☐ Grill Chicken
- ☐ Grill Duck
- ☐ Hibachi Chicken or Beef or Shrimp choose one
- ☐ Teriyaki Fried Rice
- ☐ Lo Mein (Veggie)
- ☐ Macaroni & Cheese

Jenny Q. Lu, MD, PPLC

Jenny Lu, MD, Family Medicine



75 Crystal Run Rd Ste 105, Middletown, NY 10941
(845) 692-3542

**Dr. Lu is a family physician with over 20 years of experience.
Her services include:**

- 1) Acute and Chronic disease management**
- 2) Preventive medicine**
- 3) Acupuncture**
- 4) Weight management**
- 5) Dermal fillers and Botox injections**

ORANGE COUNTY CHINESE CHRISTIAN CHURCH

橙郡華人基督教會

To KNOW GOD & To MAKE HIM KNOWN

認識上帝並傳揚祂的作為

Service Schedule

教會聚會時間:

Sun 2:30 PM- Worship Service 主日崇拜

Mon 8:30 AM- Galleria Small Group

Tue 8 PM- Middletown Small Group

Wed 10 AM- Women's Bible Study

Wed 8 PM- Church Prayer Meeting

Thu 10 AM- Monroe Small Group

Fri 8 PM- Bible Study Group

occccnny.org

48 Cheechunk Road,
Goshen, NY 10924

zoom: 709-647-6827
pw: 135246

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Pak, 梁 845-928-6838





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在市场不确定的变动中, 如何做有效的风险管理并得到合理的回报?

中产家庭如何帮助孩子准备好年年攀高的大学费用?

如何准备退休后有足够且保证的终身性收入? 重疾/长期护理支出?

服务项目:

- 资产配置策略规划
- 大学教育基金准备
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THE ORANGE COUNTY CHINESE ASSOCIATION (OCCA) IS A NON-PROFIT ORGANIZATION WITH 37 YEARS OF HISTORY. OCCA'S MISSION IS TO PROVIDE CULTURAL, EDUCATIONAL, AND OTHER INSTITUTIONAL PROGRAMS TO PROMOTE CHINESE CULTURE AND HERITAGE WHILE ENHANCING THE QUALITY OF LIFE WITHIN OUR COMMUNITY. THIS IS CARRIED OUT THROUGH OCCA'S COMMUNITY ACTIVITY PROGRAMS AND ITS SUBSIDIARY, ORANGE COUNTY CHINESE SCHOOL (OCCS). OCCA BELONGS TO EVERYONE, INCLUDING ITS MEMBERS, FRIENDS, AND THOSE WHO LOVE CHINESE CULTURE AND ARE INTERESTED IN LEARNING THE CHINESE LANGUAGE. FOR MORE DETAILS, PLEASE VISIT US AT WWW.OCCANY.ORG OR WWW.FACEBOOK.COM/OCCANY/. THANK YOU!

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